

ADELAIDE HILLS "GLOBE"

NEWSLETTER JUNE 2009 ISSUE 243 ABN 26 402 475 242

www.zontaadelaidehills.org.au

BUSINESS NAME PO BOX 117, FULLARTON SA 5063

PRESIDENTS REPORT

Hello everyone,

It has been another busy month for the club with many achievements.

At our August meeting we heard again from Constable Sam Massey of the SAPOL Family Violence Unit who focussed on the positive aspects of her role in coordinating the Domestic Violence Unit and the successful outcomes for some of the victims. It generated a lot of empathy and interest from the members, with renewed enthusiasm for the ongoing support that is needed to continue to provide the blue phones, both as a deterrent and for protection for the victims. We presented her with some entertainment bags and will also be providing a toy box for the police station. Doone and her committee are commended for

the excellent speakers we have had this year.

The fundraiser, "Guess Who's Coming to Dinner?" was a huge success and all members who attended felt that it is an event worth repeating again next year. The hostesses, Beryl Lester, Anne Fuller and Barbara Waddell-Smith, prepared fabulous dinners for the members and a big thank you goes to you all for all the work that went into making the night so enjoyable for everyone.

At our next meeting we will hear a cameo from Barbara and I'm sure we will enjoy getting to know her more from this informal look at her life. Sherry will also be giving us a tour of our website and other related matters and we can look forward to expanding our computer skills and

knowledge. A never-ending task perhaps!

We have had a high demand for our breast care cushions, unfortunately, and many have been made and distributed recently. Our wonderful volunteer Erica has completed over 70 in the past month! It is a very worthwhile project and is one of the reasons I am so proud to be a Zontian. Thank you to the combined efforts of the service committee, in also making and wrapping cushions, and the PR committee for arranging the brochures to be included.

Our next fundraiser is the Highway Halloween Rock and tickets are now available.

Love to you all,

Di Bartel

GUEST SPEAKER: Sherry Proferes

Barbara Waddell-Smith



Zonta Club of Adelaide Hills Inc

Member of Zonta International

Advancing the Status of Women Worldwide

BOARD 2009-2011

President: Di Bartel

Vice President: Sherry Proferes

Secretary: Raelene Gaffney

Treasurer: Margaret Bunfield

Directors: Beryl Lester

Lynley Evans

Jane Abdilla

Tamra Dempsey

MEETING DUTIES

Chair: Di Bartel (Pres)

Minutes: Barbara Waddell-Smith

Thanks and Objects:

Lorna Caire

Cashier: Joy O'Hazy

Hostess: Jo Wilsen & Lisa Thorne

Intro of Guest Speaker: Di Bartel

Vote of Thanks: Beryl Lester

All members

Please bring a gold coin donation for the raffle

Dinner Meeting Wed September 23

Belair Country Club
Upper Sturt Rd.,
Belair
6.45 for 7pm start

Cost \$28

Please call Doone
Winnall by Monday
before the meeting if
you unable to attend
8278 2676

If you fail to advise of your
inability to attend you will be
invoiced.

DOMESTIC VIOLENCE

Domestic and family violence occurs in all sections of our community, across all cultures and in all types of relationships (e.g. lesbian, gay, heterosexual). Being abused is NOT a normal part of domestic and/or family life.

Domestic and family violence occurs when someone in an intimate or familial relationship attempts to gain and/or maintain power and control over another through a wide range of abusive behaviours:

PHYSICAL - punching, pushing, being injured with objects/weapons etc.

VERBAL - constant put-downs, name calling etc.

SEXUAL - any forced or unwanted sexual contact/activity etc.

SOCIAL - controlling where you go, who you see, geographically isolating you.

FINANCIAL - being refused/denied access to money etc.

DAMAGE TO PROPERTY - kicking a hole in the wall, scratching your car etc.

PSYCHOLOGICAL - behavior and/or comments to undermine your sense of self etc.

SPIRITUAL/CULTURAL - not allowing you to practise your chosen religion or cultural beliefs.

STALKING - worrying or frightening you by watching, phoning or following you. Stalking is a crime.



Donations of new and used toys to donate to Mt. Barker Police Station Domestic Violence Unit for use by the children when their mothers are being assessed by Sam and Sam.

Donations can come to the next dinner meeting and given to someone on the Service Committee.

Guess whose coming to Dinner



Many thanks to all members who participated in this event, and particularly to all those opened their homes and cooked some delicious meals from all reports.

The night was enjoyed by all!!!



Sunday 20th September is the City to Bay Fun Run in which several of our members are participating.

6 or 12 kms walking from the City of Adelaide to Glenelg, raising funds for the Club

DEAR DESPERATE **INSTALLING A HUSBAND**

Dear Tech Support,

Earlier this year I upgraded from **Boyfriend 5.0** to **Husband 1.0** and noticed a distinct slow down in overall system performance, particularly in the flower and jewellery applications, which operated flawlessly under **Boyfriend 5.0**.

In addition, **Husband 1.0** uninstalled many other valuable programs, such as

- * **Romance 9.5** and
- * **Personal Attention 6.5**, and then installed undesirable programs such as

- * **Rugby 5.0**,
- * **NFL 3.0** and
- * **Golf Clubs 4.1**.

Conversation 8.0 no longer runs, and **Housecleaning 2.6** simply crashes the system.

* Please note that I have tried running **Nagging 5.3** to fix these problems, but to no avail.

What can I do?

Signed,

[Desperate.](#)

First, keep in mind,

- * **Boyfriend 5.0** is an Entertainment Package, while
- * **Husband 1.0** is an operating system.

Please enter command: ithoughtyoulovedme.html and try to download **Tears 6.2** and do not forget to install the **Guilt 3.0** update.

* If that application works as designed, **Husband1.0** should then automatically run the applications **Jewelry 2.0** and **Flowers 3.5**.

However, remember, overuse of the above application can cause **Husband 1.0** to default to **Grumpy Silence 2.5**, **Happy Hour 7.0** or **Beer 6.1**.

* Please note that **Beer 6.1** is a very bad program that will download the [Farting and Snoring Loudly Beta](#).

Whatever you do, **DO NOT** under any circumstances install **Mother-In-Law 1.0** (it runs a virus in the background that will eventually seize control of all your system resources.)

In addition, please do not attempt to reinstall the **Boyfriend 5.0** -program .These are unsupported applications and will crash **Husband 1.0**.

In summary, **Husband 1.0** is a great program, but it does have limited memory and cannot learn new applications quickly. You might consider buying additional software to improve memory and performance. We recommend

- * **Cooking 3.0** and
- * **Hot Lingerie 7.7**.

Good Luck Babe!

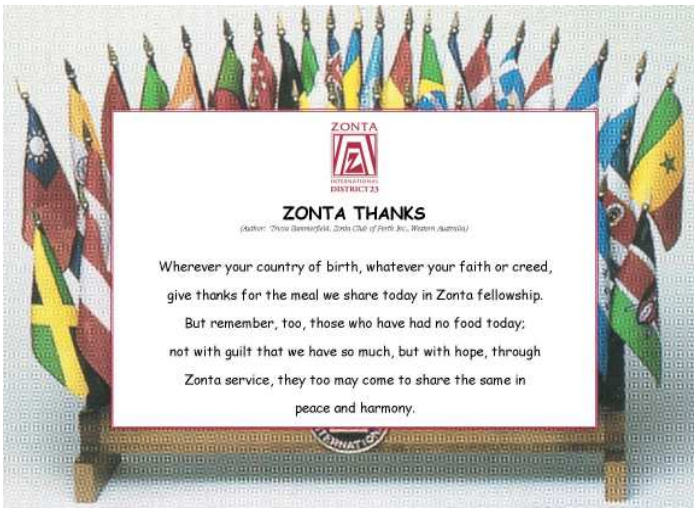
[Tech Support](#)

Submitted by Kristina MacAulay and Jane Abdilla



HAPPY BIRTHDAY

October 12 th	Sherry Proferes
October 19 th	Julie Monis-Ivett
October 26 th	Janet Stephenson
October 26 th	Raelene Gaffney



- ### *Zonta Objects*
- To improve the legal, political, economic, health, educational and professional status of women; through service and advocacy.
 - To work for the advancement of understanding, goodwill and peace, through a world fellowship of executives in business and the professions.
 - To promote justice and universal respect for human rights and fundamental freedoms.
 - To be united internationally to foster high ethical standards, to implement service programmes and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

DISTRICT 23 CONFERENCE IS BEING HELD IN BALLARAT FROM 25 SEPTEMBER TO 27 SEPTEMBER 2009. – Several Members of the Adelaide Hills Club will be attending this with a few extending their stay in country Victoria.



Ballarat is Victoria's largest inland city and is famous as the site of the world's largest deposit of alluvial gold. The legacy of the gold rush is evident in the majestic architecture and wide tree-lined streets of the town today. Admire the city's Victorian and Edwardian architecture, parks, gardens, statues and churches by following the visitor information centre's self-guided Heritage Walk.

Pan for gold and watch the hustle and bustle of an 1850s gold mining settlement at Sovereign Hill. The 35-acre site includes shops, hotels, schools, a theatre, crafts, steam-driven machinery and two underground mines. Don't miss the dramatic Blood on the Southern Cross sound and light show, telling the story of the Eureka Rebellion.

Visit the Gold Museum, located across the road from Sovereign Hill, and view the extensive and valuable collection of gold nuggets, alluvial gold deposits, gold ornaments and coins.

**Rockin' Highway Halloween with
Chocolate Rush**

Holding the dance and
best good hits
of the 60s to 90s.
Dance | Party | Sing Along

Presented by
Zonta Club of Adelaide Hills
Saturday October 31 2009
7:30pm - 12pm
The Highway
290 Anzac Hwy, Plympton
Tickets \$30 available from the Highway or Zonta Adelaide Hills
Light supper provided

Door & Bottle
Prices
Complimentary
first drink

DIARY DATES

Please read this and put the dates in your diary

SEPTEMBER
 23 Dinner Meeting at Belair Park Country Club
 24 District 23 Board Meeting Ballarat
 25–27 District Conference at Ballarat

OCTOBER
 31 Chocolate Rush at the Highway

NOVEMBER
 25 Zonta 90th Birthday
 27 Pancake Night

DECEMBER
 2 "Amelia" - Adelaide Flinders

FEBRUARY 2010
 Movie Afternoon

MARCH 2010
 Courtyard Capers

MAY 2010
 Wine & Booklovers Evening

JULY 2010
 24 Guess Whose Coming to Dinner

Trial : <http://www.docudesk.com>

FAMILY ENTERTAINMENT BAGS

Twenty Entertainment bags (twice per year) are provided to the Domestic Violence Crisis Service (DVCS) to provide women and children who are housed in motel rooms for a short time, with a bag of items to help them pass the time productively and to give them some necessary items which are required for basic daily needs.

The bags and contents are purchased and assembled by the members of the Service Committee, Zonta Adelaide Hills Inc., and consist of items for women and children as follows:

Colour In book and colouring pens,
erasers, sharpener
Sticker books
craft glue, pop sticks
two soft toys
diary, note book
hand cream, (made by the Zonta Club members) make-up,
face wipes and sorbolene cream
magazines
soap, tooth paste and tooth brushes in a toilet bag
deoderant, shampoo and conditioner.

all these items are placed into a purple shopping bag and labelled with a card from our Club.

The results achieved:

Many women and children leaving a domestic violent situation, often leave the home with very little possessions, as they are leaving in haste and/or in fear of retaliation and in fear of their lives. Whilst the mother and children are placed in a motel room, the children usually do not attend school, nor have any friends to play with, as they are displaced and out of their usual familiar neighbourhood. Motels rooms do not offer much in the way of entertainment apart from a television and a radio. The hope is that these bags provide the displaced family with some basic hygiene needs, practical items to fill their time, and also sends a message to them that people do care for them.

Club member's involvement:

Twice per year several Club members are involved in purchasing the items, making and labelling the hand cream, packing the bags, donating magazines and soft toys, making cards to tie to the bags and delivering the bags to the Domestic Violence Crisis Service. Club members understand that this is a very simple, but very worthwhile project which provides women and their children in need, some love, care and attention.

This is a project that demonstrates the values and principles of Zonta International and enhances the status of women who have been subjected to domestic threats and violence.

Jane Abdilla
Convenor.

MEETING NIGHTS—LOCAL CLUBS

Adelaide	1st Wednesday	Adelaide Flinders	3rd Wednesday
Adelaide Hills	4th Wednesday	Adelaide Torrens	4th Tuesday
Clare & District	3rd Tuesday	Fleurieu Peninsula	4th Tuesday
Gawler & Districts	3rd Monday	Noarlunga S. Vales	4th Wednesday
Port Lincoln	4th Tuesday	Para District	1st Tuesday
The Riverland	1st Tuesday		