

ADELAIDE HILLS "GLOBE"

NEWSLETTER JUNE 2009 ISSUE 243 ABN 26 402 475 242

www.zontaadelaidehills.org.au

ZONTA CLUB OF ADELAIDE HILLS INC
CLUB NO. 23.02.1180
PO BOX 117, FULLARTON SA 5063

PRESIDENTS REPORT

Hello everyone,

It has been a busy month for the club with new convenors and committees working on their programmes for the year ahead. We had an informative and amusing dinner meeting with guest speaker Barbara Baldwin showing us how to refine our oral communication skills and our voice projection techniques.

For many years Jo has been doing a wonderful job in keeping our archives and recently she spent a day with Doone and Jane who will be taking over this role. Some wonderful old treasures were rediscovered and these have been dusted off for display at our dinner meetings. Thankyou Jo for your dedication in keeping this historical record of our club safe and organised.

Many club members are going to the conference in Ballarat in September and anyone else wishing to go is encouraged to register soon. It is always great fun and there are some workshops scheduled that look very interesting.

Sherry continues to update the website and it is looking fantastic. The programme of speakers, dinner meeting duties, newsletters, information on club projects, international and district projects and much more is available and she will give us a tour through the site in the near future at one of our meetings. All members have received their new issue of the Zontian and the new members will be able to register online with Zonta International so this is a good opportunity for mentors to offer help.

This is a fairly short message from me this month as I am in Melbourne, checking out the lane-ways, the Dali exhibition, drinking SA wine and periodically missing wonderful Adelaide. All highly recommended!

Love to you all,
Di Bartel

BOARD 2009–2011

President: Di Bartel
Vice President: Sherry Proferes
Secretary: Raelene Gaffney
Treasurer: Margaret Bunfield
Directors: Beryl Lester
Lynley Evans
Arlene Mack
Jane Abdilla
Tamra Dempsey

MEETING DUTIES

Chair: Di Bartel (Pres)
Minutes: Barbara Waddell-Smith
Thanks and Objectives:
Jill Barrington
Cashier: Julie Monis-Ivett
Hostess: Lynda A'Bear and Jane Abdilla
Guest Speaker: Sabitra Kaphle
Intro of Guest Speaker: Lynley Evans
Vote of Thanks: Barbara Waddell-Smith

All members

Please bring a gold coin donation for the raffle

Dinner Meeting Wed July 22

Belair Country Club
Upper Sturt Rd.,
Belair
6.45 for 7pm start

Cost \$28

Please call Doone
Winnall by Monday
before the meeting if
you unable to attend
8278 2676

If you fail to advise of your
inability to attend you will be
invoiced.

 **Zonta Club of Adelaide Hills Inc**
Member of Zonta International
Advancing the Status of Women Worldwide

ADELAIDE HILLS ZONTA CLUB

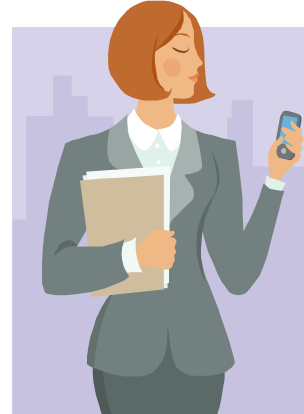
LIST OF POSITIONS

Board:

President: Di Bartel
 Vice: Sherry Proferes
 Secretary: Raelene Gaffney
 Treasurer: Margaret Bunfield

Director/ Public Officer: Beryl Lester
 Director: Lynley Evans

Parliamentarian/Convenor Service Committee: Jane Abdilla
 Convenor, Finance and Fundraising: Tamra Dempsey
 Convenor, PR and Communications: Arlene Mack



Finance and Fundraising:

Tamra Dempsey (Convenor), Lisa Thorne (Co-convenor), Heather Broad, Margaret Bunfield, Marilyn Little, Corrairie Sopru, Janet Stephenson, Diane Strutton,, Kate Walter, Lynne Willis, Jo Wilsen.

Organisation, Extension and Membership:

Doone Winnall (Convenor), Jill Barrington, Julie Monis-Ivett, Margaret Parsons

Public Relations and Communication:

Arlene Mack (Convenor), Alice Windle (Co-convenor), Jill Davis, Lynley Evans, Beryl Lester, Sherry Proferes

Service:

Jane Abdilla (Convenor), Barbara Waddell-Smith (Co-convenor), Lorna Caire, Anne Fuller, Jill Heylen, Judy Little, Kristina Macauley, Anne Waddell-Smith

Project Coordinators:

District 23 Projects:

Breast Care Cushions Lorna Caire, Barbara Waddell-Smith,
 Birthing Kits: Anne Fuller
 Yarri Wada Puppet Project: Jane Abdilla

Overseas Projects:

World Vision Child: Margaret Bunfield, Jane Abdilla

National Projects:

APY Lands Analaya Homelands Inc: Di Bartel, Kristina Macaulay
 Victorian Bushfire Appeal: Margaret Bunfield

Local Projects:

DV Alarms: Jane Abdilla
 Bramwell House: Judy Little, Barbara Waddell-Smith
 DVCU Entertainment Bags: Lorna Caire, Jill Heylen
 Schools Community Service Awards: Jane Abdilla, Anne Fuller, Jill Heylen

Awards:

Refugee Scholarship for Active 8 girls: Anne Fuller, Judy Little
 Women's Economic Status: Committee
 Young Women in Public Affairs: Diane Strutton, Anne Fuller

Legislative Awareness and Advocacy:

Lynda A'Bear (Convenor), Joy O'Hazy

Archives:

Doone Winnall (Convenor), Jane Abdilla

United Nations:

Diane Strutton

DV ALARMS

The Adelaide Hills Family Violence Investigation Unit (FVIU) is located within the Mt. Barker Police Station and during the past financial year, the Unit has had contact with approximately 350 victims of violence in the Adelaide Hills Council, the Onkaparinga Council and Fluerieu Council areas.

Senior Constables Samantha Massey and Sam Attard are Family Investigation Police Officers in the FVIU and they receive referrals from women in the community who have been subjected to domestic violence. Initially these women are found alternative accommodation until the situation at home becomes more manageable. Sometimes the female victim returns to the family home or can be relocated in rental accommodation, often, in both cases, with a Restraining Order on the perpetrator of the violence. On occasions, the Restraining Order does not prevent further contact between the perpetrator and the victim, so a risk assessment is conducted, and victims at high risk are issued with Alarms for their protection.

Often is the case that the victims are unemployed and receiving a Centrelink payment and cannot afford to purchase an Alarm, nor pay for the hire and ongoing monitoring of the alarm by a Security Company. Currently, the FVIU owns four alarms which are on loan to victims, and the Security Company also issues old alarms at no charge, as they are old stock and work well in certain areas. The new Bluephones have a greater range for the wireless pendant, which of course in rural areas (such as the Adelaide Hills) is more effective. As you can see, the number of alarms that are currently available, is not enough to cope with the demand.

The Zonta Club of the Adelaide Hills Inc. members have chosen this project as one of their major projects for this Zonta year, and have donated \$2,000 for the purchase of two Bluephones and for the payment of hiring out and monitoring of alarms held by women who are assessed as being at high risk of continuing domestic violence.

Jane Abdilla
Convenor
Service Committee

RESIGNATIONS

Please note that Yvonne Shinnars and Rachael Bonython.

Have resigned from the Adelaide Hills

SAWA– Australia, the Support Association for the Women of Afghanistan, is dedicated to raising funds for human rights, education, nutrition, health, safety, and improving the self-esteem of Afghanistan's women and children, including those who live as refugees in Pakistan.

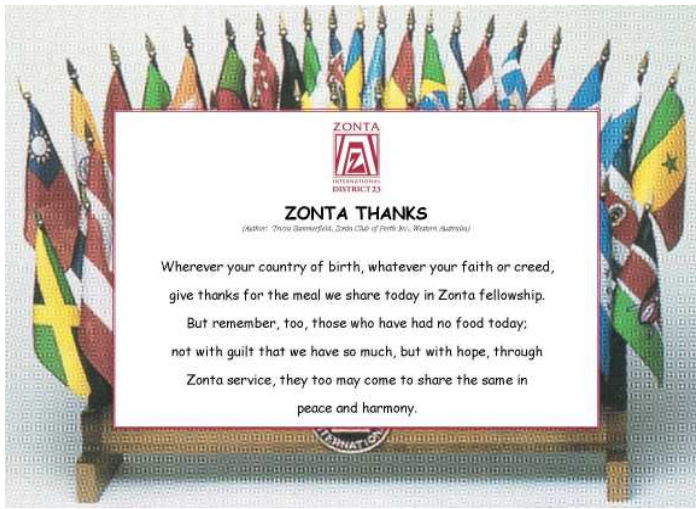
SAWA is operated entirely by volunteers and has extremely low administrative overheads (between 1 and 2%). Funds raised go to RAWA (Revolutionary Association of the Women of Afghanistan) projects and other projects dedicated to the advancement of the rights of Afghanistan's women.

SAWA is incorporated in South Australia, its finances are audited by an independent external auditor. Progress of SAWA's support projects is reported in SAWA's quarterly newsletter the SAWAN.

SAWA's strength comes from its members. Annual membership is \$20, \$10 concession and \$5 for students, \$100 for organizations.

At the recent farewell party for Shazia, this was attended by Lynley Evans and Beryl Lester from the Adelaide Hills Club. Also in attendance was Rita Fletcher from the Noarlunga Southern Vales Club. Several other Zontians attended this function, which was enjoyed by all in attendance.





Zonta Objects

- To improve the legal, political, economic, health, educational and professional status of women; through service and advocacy.
- To work for the advancement of understanding, goodwill and peace, through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programmes and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

First time Member Registration is Easy!

Register your unique User Name and Password with the Zonta International Web site to access Member Resources, the Zonta Store and other online member benefits and information.

On the Home Page of the Zonta International/Zonta International Foundation Web site, click on Member Registration under Popular Pages – <http://www.zonta.org/register>

Enter your Member ID (no more than six digits) and your last name in the fields below. (Your Member ID can be found on your copy of *The Zontian* magazine or in your new member packet. You may also obtain your number from your club treasurer.)

Please enter ONLY your Member ID. DO NOT enter your District, Area or Club numbers from your mailing label

Member ID Number:

Last Name:

Submit and complete the process

Explanation of your *Zontian* Mailing Label

Your *Zontian* mailing label should list your two-digit District, two-digit Area, three- or four-digit Club number, and Member ID Number. Your Member ID Number may be three, four, five or six digits.

Example	Member ID
Dist-xx Area-xx Club-xxxx xxxxxx	

SERVICE COMMITTEE REMINDER TO ALL MEMBERS

ENTERTAINMENT BAGS: Recent magazines in good condition and a 2009 pocket diary.

BRAMWELL HOUSE is always in need of the following items:

- | | |
|--------------------------------|----------------------|
| ◆ Suitcases | ◆ Overnight bags |
| ◆ Children's clothes and shoes | ◆ Makeup/beauty bags |
| ◆ Women's clothes and shoes | ◆ Children's toys |
| ◆ Linen | |

Donations can be taken directly to Bramwell House or brought

To a Dinner Meeting and given to a Service Committee member.

AREA DIRECTOR NOMINATION



Beryl Lester has nominated as
Area Director—a great effort

DIARY DATES

Please read this and put the dates in your diary

AUGUST

- 1 Jazz Evening — Adelaide Flinders
- 5 Film Night — Adelaide Torrens
- 12 Board Meeting
- 15 Area 2 Status of Women Meeting Riverland
- 23 Women of Achievement Awards—Gawler
- 26 Dinner Meeting at Belair Park Country Club

SEPTEMBER

- 9 Board Meeting
- 23 Dinner Meeting at Belair Park Country Club
- 24 District 23 Board Meeting Ballarat
- 25–27 District Conference at Ballarat

OCTOBER

Words for Women to Live By :)

1. Aspire to be Barbie - the bitch has everything.
 2. If the shoe fits - buy them in every colour.
 3. Take life with a pinch of salt... A wedge of lime, and a shot of tequila.
 4. In need of a support group? - Cocktail hour with the girls!
 5. Go on the 30 day diet. (I'm on it and so far I've lost 15 days).
 6. When life gets you down - just put on your big girl panties and deal with it.
 7. Let your greatest fear be that there is no PMT and this is just your personality.
 8. I know I'm in my own little world, but it's ok. They know me here.
 - 9.. Lead me not into temptation, I can find it myself.
 10. Don't get your knickers in a knot; it solves nothing and makes you walk funny.
 11. When life gives you lemons in 2009 - turn it into lemonade then mix it with vodka.
 12. Remember where ever there is a good looking; sweet, single or married man there is some woman tired of his bullshit!
 13. Keep your chin up, only the first 40 years of parenthood are the hardest.
 14. If it has Tyres or Testicles it's gonna give you trouble.
 15. By the time a women realises her mother was right, she has a daughter who thinks she's wrong.
- 'Good friends are like stars.....You don't always see them, but you know they are always there' 'Remember yesterday, dream about tomorrow, but live for today'. Now smile and send to any girl wasting time at work, suffering from a hangover, or just suffering from life , that might need a reason to smile!

Contributed by Margaret Bunfield

MEETING NIGHTS—LOCAL CLUBS

Adelaide	1st Wednesday	Adelaide Flinders	3rd Wednesday
Adelaide Hills	4th Wednesday	Adelaide Torrens	4th Tuesday
Clare & District	3rd Tuesday	Fleurieu Peninsula	4th Tuesday
Gawler & Districts	3rd Monday	Noarlunga S. Vales	4th Wednesday
Port Lincoln	4th Tuesday	Para District	1st Tuesday