

Zonta Club of the Adelaide Hills Inc

JANUARY 2009 ISSUE 238

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Zonta Club of Adelaide Hills Inc

Member of Zonta International

Advancing the Status of Women Worldwide

Club details

Club No.23.02.1180

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President's Report

Happy New Year to everyone – let's make it a fabulous Zonta Year! There will be a number of different "happenings" – just make sure you participate in them to take full advantage of your Zonta membership!

Our January meeting is a good "kick start" to 2008 – with an interesting guest speaker but nothing too arduous happening or to participate in - after all, it is our first meeting for the year! Let us edge into things softly and quietly, ready for the big bangs in later months.

Our annual Planning Meeting is in February – this year

it is being co-ordinated by Di Bartel and the convenors and will take a different format. I would like all members to give either Di or any of the convenors something in writing that you would like to see happen in the club – whether it be a fund raising idea, something new in projects (with some research attached), casual social events, not necessarily to raise funds, but to have some friendship. You might have some ideas for new members – we could have as many as six in these early months. Do you have any good suggestions for mentors, for a difference in running meetings –

Speak up and let us know! Don't just have a "good idea" about something – that is easy to do – but let us have the nuts and bolts of your idea too. Don't forget, our club is only as good as its members – your input is so valuable.

For those that made New Year Resolutions, stick to them! We will have a count up in a couple of months to see who still are keeping to them! I have been smart – did not make one!

Looking forward to catching up with everyone.

Hasta luego

Beryl Lester

President

MISSION:-

Zonta International is a global organisation of executives and professionals working together to advance the status of women worldwide through service and advocacy.

Dinner Meeting Wed Jan 28th

**Belair Country Club
Upper Sturt Rd.,
Belair.
6.45 for 7pm start**

Cost \$26

Please call Doone Winnall by Monday before the meeting if you are unable to attend on 8278 2676

**If you fail to notify your inability to attend you may be invoiced for \$30

Meeting Duties:

Chair Beryl Lester (Pres)

Minutes Lynley Evans

Thanks and Objects
Doone Winnall

Cashier Sherry Proferes

Hostess Julie Monis-Ivett & Heather Broad

Intro of Guest Speaker
Rachael Bonython

Vote of Thanks
Marilyn Little

All members

Please bring a Gold coin donation for the raffle.

Zonta International Objects

To improve the legal, political, economic, health, educational and professional status of women; through service and advocacy.

To work for the advancement of understanding, goodwill and peace, through a world fellowship of executives in business and the professions.

To promote justice and universal respect for human rights and fundamental freedoms.

To be united internationally to foster high ethical standards, to implement service programmes and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

Guest Speaker

Jodie Benveniste

Subject: Work,

Family , Flow

Thanks

Wherever your country of birth, whatever your faith or creed, give thanks for the meal we share today in Zonta fellowship.

But remember too those who have had no food today, not with guilt that we have so much, but with hope through Zonta service, they too may share the same in peace and harmony.



Pancake Night



The pancake night/fundraiser was held at the end of the Stirling Pageant again this year. With a lot of first timers there was both an air of trepidation and excitement before it started but under the watchful eye of Doone the night went smoothly. With pancakes going up to \$4 each this year and the tent donated LJ Hooker we had another successful fundraising event.



February Planning Meeting
 Would all members please give some thought before the February Planning Meeting, to some worthwhile projects that we could support in the upcoming year. Please do some research into your ideas and bring this along to the meeting. We have had a very successful year so far in fundraising and this is your opportunity to have a say in how the funds are spent.

Christmas Party at TAFE Light Square



The 08 Christmas Party was held at TAFE Light Square, where the students put on a delicious meal for the Zonta Members, their family and friends. Father Christmas attended and handed out the Kris Kringle gifts. We were also joined by Shelly Dunstone a motivational speaker who talked to us about our goals for the coming year. A fun night was had by all and I must also say the service was outstanding.



Birthing Kit Korner

Our AusAID contract this year is for 130,000 kits, so the Birthing Kit Project is well on target with over 94,000 kits already made in 6 months. Jacqui, Kristen and Amy look after this aspect of our project.

I would like to share another important aspect of the work of the BK Foundation which is Community Development. Here we work in consultation with local health authorities to develop our health, nutrition and midwifery training programs to compliment kit distribution. We have funded training programs in Vietnam, Tibet and Kenya. As we allocate \$50,000 for these programs it is then important that we monitor them to see that they are being properly administered.

Here are some of the highlights from last years visits. In Vietnam we met with Professor Quynh and attended a

training program. We saw excited and involved Village Nurses and Traditional Birth Attendants. We met with the Chairman of the Peoples Party in various provinces and local Provincial Health Authorities. Many lunches eaten with some dubious food and several toasts sculling the local spirits, much to the delight of the men. A meeting with a member of Hanoi International Women's Club resulted in a donation of 15,650 USD towards 19,000 kits for Ha Giang and Hoa Binh provinces. The kits are made locally in Hanoi – our first step towards sustainability within Vietnam. We also met with an AusCHAM (Australian Chamber of Commerce) representative and they donated 11,500 USD towards a training program in a poor province in the south of Vietnam. We also re-established our relationship with TUDU Obstetric Hospital where our kits compliment their 6 month midwifery program for 300 young

women from remote provinces in the south. Due to poor communication this relationship was faltering and would have ceased without a face to face meeting. In Ethiopia we met with representatives of Hamlin Fistula Hospital, UNICEF and UNFPA (United Nations Family Planning Assoc) and as a result we are developing more projects in Ethiopia. We learned that midwifery training programs can educate birth attendants that female circumcision is not necessary and some stop. We learnt they want and need more kits.

These trips allow us to develop relationships with local identities as shown above. Establishing a relationship with the head of UNFPA in Africa will return many benefits to our future projects.

It will be exciting to see what comes from this years monitoring visits to Vietnam, Tibet and Ethiopia.

Luv Julie





Composition of Committees 08-09

Finance & Fundraising: Convenor - Linda A'Bear, Marilyn Little, Jo Wilsen, Lisa Thorne, Heather Broad, Rachel Bonython, Coraine Sopru, Yvonne Shinnars, Jill Davis

PR & Communications: Convenor - Lynne Willis, Kristina Macaulay, Raelene Gaffney, Alice Windle. **Webmaster - Sherry Proferes, Newsletter - Lisa Thorne**

Service & Status of Women: Convenor - Tamra Dempsey, Jane Abdilla, Barbara Waddell-Smith, Anne Waddell-Smith, Jill Heylen, Lorna Caire, Judy Little, Anne Fuller,

Organization, Extension, Membership & Classification: Convenor - Sherry Proferes, Jill Barrington, Janet Stephenson, Doone Winnall

Nominating Committee: Lynley Evans, Marilyn Little, Sherry Proferes

Club Projects

International:

Zonta International Service Projects

Alola Foundation donation

World Vision (Sponsor Child)

District 23:

Birthing Kit Project

Breast Care Cushions

Local:

Bramwell House

Book Awards to local High Schools

Donation to Special Olympics World Games-Rhythmic Gymnastics Program

Lids for Limbs Program

Family Entertainment Bags

Assisting local Refugees

Sponsorship of young women in a specific field

Dates for your Diary

Feb 21

Highway Rock with Chocolate Rush

April

**Entertainment Books available, must be pre-ordered and paid for upfront.
\$65 (to be confirmed)**

Joke of the Month - You know you're Australian if....

You know the meaning of 'girt'

You believe that stubbies can either be worn or drunk

You think it is normal to have a Prime Minister called Kevin

You waddle when you walk due to the 53 expired petrol discount vouchers stuffed in your wallet or purse

You understand that the phrase 'a group of women wearing black thongs' refers to footwear and may be less alluring than it sounds

You believe the 'L' in the word 'Australia' is optional

You believe it makes perfect sense for a nation to decorate its highways with large fiberglass bananas, prawns and sheep

You think 'Woolloomooloo' is a perfectly reasonable name for a place

You believe it makes sense for a country to have a \$1 coin that's twice as big as its \$2 coin

You understand that 'Wagga Wagga' can be abbreviated to 'Wagga' but 'Woy Woy' can't be called 'Woy'

You believe that cooked-down axle grease makes a good breakfast spread

You believe all famous Kiwis are actually Australian, until they stuff up, at which point they again become Kiwis

You know, whatever the tourist books say, that no one says 'cobber'

You believe, as an article of faith, that the confectionary known as the Wagon Wheel has become smaller with every passing year

You still don't get why the 'Labor' in 'Australian Labor Party' is not spelt with a 'U'

You wear ugh boots outside the house

You believe that the more you shorten someone's name the more you like them

Whatever your linguistic skills, you find yourself able to order take-away fluently in every Asian language

You understand that 'excuse me' can sound rude, while 'scuse me' is always polite

You know what it's like to swallow a fly, on occasions via your nose

You understand that 'you' has a plural and that it's 'youse'

Your biggest family argument over the summer concerned the rules of beach cricket

You shake your head in horror when companies try to market what they call 'Anzac cookies'

You still think of Kylie as 'that girl off Neighbours'

When returning home from overseas, you expect to be brutally strip-searched by Customs - just in case you're trying to sneak in fruit

You believe the phrase 'smart casual' refers to a pair of black tracky-daks, suitably laundered

You understand that all train timetables are works of fiction

You get choked up with emotion by the first verse of the national anthem and then have trouble remembering the second

You find yourself ignorant of nearly all the facts deemed essential in the government's new test for migrants.

Newsletter Cameo—Beryl Lester



not a blade of grass anywhere. I might add that the teaching staff matched the building. Next was Church Drive Girls, a much better place, then at 13 I got a scholarship and went to Mansfield Tech. This school was made up of nissan huts vacated by German prisoners of war.

3. How many siblings? One sister, Marguerite, two years younger than me

4. What is your happiest memory? Finding out how wonderful it was looking after our new baby daughter Teri

5. If you were having a dinner

and could invite any 3 guests who would they be? Henry VIII, Patricia Cornwall and Neil Perry

6. What is your favourite Adelaide restaurant? Regattas Bistro, on the side of the River Torrens

7. If you weren't at work where would we find you? Because I don't work, that should be if I was not at home! I would be either shopping (I love to shop!) or on the golf course, maybe playing tennis or at my volunteer job at Pepper Street Art Centre on Magill Road. Then of course there is flamenco and the gym.

8. What is your profession? I

am professionally retired – it is the best job ever!

9. What are you reading? currently a book called "FAT, an appreciation of a misunderstood ingredient", by Jennifer McLagan and "A Darker Domain" by Val McDermid.

10. What brought you to Zonta? An ad in the local Hills newspaper asking for interested business women in the hills area to charter a new Adelaide Hills Zonta Club. I had seen the name Zonta in the Public Schools Club where I think the Adelaide Club had their meetings but that was all I knew of Zonta. I guess I was just curious – but 21 years later I am still a member.

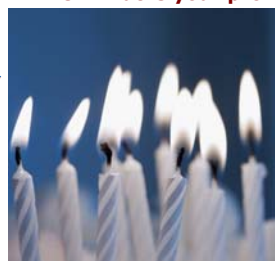
1. Where were you born? Nottingham, England

2. Where did you go to school? I started out at Daybrook Primary, an austere two story, grey stone building

Happy Birthday

For February

Beryl Lester Jill Heylen



Birthing Kit Foundation

You can become a member of the Foundation for \$25

Please speak to Margaret Parsons Julie, Monis-Ivett, Joy O'Hazy or Di Bartel